## Week 4 - Living Rooted in God's Love.

# **Day 28**

### Love and Sacrifice

# **Scripture**

"And walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God." – Ephesians 5:2 (NIV)

### Insight

Love always costs something. Jesus' love led Him to give His life. In the same way, true love will require time, forgiveness, humility, and sometimes personal comfort. But it also brings joy, peace, and God's smile.

#### **Biblical Insight**

Love isn't just measured by emotion, but by sacrifice. Jesus said, "Greater love has no one than this: to lay down one's life for one's friends" (John 15:13).

#### **Reflective Questions**

- When was the last time I loved sacrificially?
- What comfort or pride might I need to lay down in love?

### **Actionable Steps**

Choose one selfless act today that costs you something—time, energy, or forgiveness.

#### Meditation

Picture love as a path paved with sacrifice. Each stone is a choice to give more than is convenient, to forgive when it's hard, to serve when no one notices. See Jesus walking ahead, carrying His cross out of love for you. Let that vision inspire you to walk the same road, one step of sacrifice at a time.

God bless you!